

ULTRASOUND

PATIENT PREPARATION INSTRUCTIONS

Ultrasound Procedures	Patient Preparation	Approximate Length of Procedure
Abdominal	Nothing to eat or drink 4 hours before exam.	30 Minutes
Abdomen and Pelvis	Nothing to eat 4 hours before exam. Drink 1 litre of water 1 hour prior to exam. Do not empty bladder.	60 Minutes
Biopsies and Fine Needle Aspirations (FNA)	If you are taking blood thinners, please speak with your physician	60 Minutes
Breast Needle Localization	Please follow instructions provided in your surgical package	60 Minutes
Head, Breast, Groin, Thyroid, and all Extremity and Joint Exams	No patient prep.	30 Minutes
Pelvic	Drink 1 litre of water 1 hour before exam and do not empty bladder.	45 Minutes
Pregnancy 1 st Trimester	Drink 1 litre of water 1 hour before exam and do not empty bladder.	45 Minutes
Pregnancy Anatomy (18-20 Weeks)	No patient prep.	40-60 Minutes
Pregnancy BPP/Growth (2 nd & 3 rd Trimester)	No patient prep.	40 Minutes