



## ULTRASOUND PATIENT PREPARATION INSTRUCTIONS

Ultrasound Procedures	Patient Preparation	Length of Procedure (Approx.)
Abdominal	Nothing to eat or drink after midnight	30 Minutes
Abdomen and Pelvis	Nothing to eat after midnight. Drink 1 litre of water 1 hour prior to exam. Do not empty bladder.	60 Minutes
Biopsy Breast	If you are taking blood thinners, please consult your physician	60 Minutes
Biopsy Neck/Mass	If you are taking blood thinners, please consult your physician	60 Minutes
Biopsy Thyroid	If you are taking blood thinners, please consult your physician	60 Minutes
Breast Needle Localization	Please follow instructions provided in your surgical package	60 Minutes
Breast	None	30 Minutes
Groin/Inguinal	None	30 Minutes
Doppler Leg Veins	None	30 Minutes
Doppler Arm Veins	None	30 Minutes
Extremities: Ankle, Calf, Elbow, Finger, Foot, Hand, Knee, Shoulder	None	30 Minutes
Head/Neuro (Paediatric)	None	30 Minutes
Mass (Lump/Bump)	None	30 Minutes
Thyroid/Neck	None	30 Minutes
Pelvic	Drink 1 litre of water 1 hour prior to exam and do not empty bladder.	45 Minutes
Pregnancy 1 <sup>st</sup> Trimester	Drink 1 litre of water 1 hour prior to exam and do not empty bladder.	45 Minutes
Pregnancy Anatomy (18-20 Weeks)	None	40-60 Minutes
Pregnancy BPP/Growth (2 <sup>nd</sup> & 3 <sup>rd</sup> Trimester)	None	40 Minutes