

## MITOMYCIN --- PATIENT INFORMATION

### What is Mitomycin?

Mitomycin is a chemotherapy drug used to treat bladder cancer. It is a clear, purple liquid which is instilled into your bladder through a catheter (a small tube).

This will be done during your surgery and when you wake up you will still have the catheter in. It will be clamped off for an hour to let the drug circulate around your bladder and do its work. During this time you may feel like you need to urinate but will not be able to until the hour is completed. Your nurse may be able to give you some pain medication to help ease this sensation.

Because mitomycin is a cytotoxic drug, the drug and contaminated urine can be a potential risk to yourself and others who may come in contact with it.

To minimize these risks, follow these suggestions...

- You should sit down on the toilet to urinate and fully empty your bladder. This minimizes the chance of splashing and spraying any of the drug and contaminated urine.
- After urinating, pour two cups of household bleach into the toilet. Let it sit for 15-20 minutes before flushing. Repeat this process each time you urinate for 8 hours after you get home
- Wash your hands and genital area thoroughly with soap and warm water
- Wash clothes, bedding and toilet articles that have touched your genital area with hot, soapy water
- After the 8 hours, wash down the outside of the toilet bowl and the lid with diluted bleach solution. Wear gloves to do this.
- Drink lots of fluid for the first day or two after your surgery. Empty your bladder frequently. This helps to flush your bladder and prevent bladder problems, If you have burning and urgency with the first few voids, you need to increase your fluid intake.